

2-1-1
The Cedar Valley United Way

Information and Referrals-speak to a representative that can help arrange these services.

Food Assistance

Northeast Iowa Food Bank	235-0507	
WIC (Operation Threshold)	235-6243	Women/Children
IA DHS (Food Stamps)	291-2441	
Veterans Affairs	291-2512	
Jesse Cosby Center	234-1793	
The Salvation Army	235-9358	
St. Vincent de Paul	236-1216	
Heartland Vineyard Church	234-8463	Sat. 10-12
HVAAA-Senior Meals	272-2244	

Community Meals

The Salvation Army	235-9358	M-F 11:30-1:00
Kimball Avenue United		
Methodist Church	232-4103	Mon. 4:30-6:00
First United Methodist		
Church in Cedar Falls	266-1713	Tues. 4:30-6:00 (excludes 1 st Tues of the month)

Utility Assistance

Operation Threshold	235-6243	Energy Assistance
utilities that are included in cost of rent may qualify		
Veterans Affairs	291-2512	
Jesse Cosby Center	234-1793	
The Salvation Army	235-9358	
St. Vincent de Paul	236-1216	
EMA Center	235-5580	

contact your utility provider to arrange budget billing

Rental Assistance

Veterans Affairs	291-2512
Jesse Cosby Center	234-1793
The Salvation Army	235-9358
St. Vincent de Paul	236-1216
EMA Center	235-5580

Medical Assistance

People's Community Clinic	272-4300
EMA Center	235-5580
Jubilee Clinic	236-0199
IA DHS	291-2441
Veterans Affairs	291-2512
BH County Health Dept	291-2413
Visiting Nursing Asst.	235-6201

Thursdays 6-8 pm
Saturday

Dental Assistance

People's Community Clinic	272-4300
Hawkeye Community College	296-1030

Eye Glasses

The Salvation Army	235-9358
BH County Health Dept	291-2413

Medications

People's Community Clinic	272-4300
IA DHS	291-2441
Veterans Affairs	291-2512
Jesse Cosby Center	234-1793
The Salvation Army	235-9358
St. Vincent de Paul	236-1216
EMA Center	235-5580

patients only

Non Food Items (personal hygiene, clothing and household)

The Salvation Army	235-9358
St. Vincent de Paul	236-1216
EMA Center	235-5580

Child Care Assistance

Child Care Resource/Referral	232-6671
Iowa DHS	291-2441

Shelters

The Salvation Army	235-9358
men/women/children	
House of Hope	232-3823
women and children and expecting mothers	
Catholic Workers House	232-2116
Black Hawk Co. Youth Home	291-2531
children under 18	

Financial Management Assistance

Consumer Credit Counseling	234-0661
Family Management	234-6695

Domestic Violence/Sexual Abuse

Seeds of Hope	1-888-746-HOPE (24 hours)
Domestic Abuse Hotline	1-800-333-7233
Family and Children's Council	234-7600

Special Needs Assistance

Exceptional Persons, Inc. (EPI)	232-6671
Together We Play (YMCA)	233-3531

Legal Advocacy

Iowa Legal Aid	235-7008
	1-800-772-0039
Iowa Concern Hotline	1-800-447-1985
Legal Hotline for Older Iowans	1-800-992-8161

Employment Assistance

Workforce Development	291-2546
AARP	234-0206
Hawkeye Community College	296-2320
Goodwill	234-4626
Voc Rehab	234-0319

55 and better

Chemical Dependency Assistance

Pathways	235-6571
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HIV/AIDS Support

Cedar AIDS Support (CASS)	272-2437
Cedar Valley Hospice	272-2002

Father's Rights

Empowering Dads	234-7600
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Volunteer Opportunities

Volunteer Center	272-2087
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Latino Resources

El Centro Latinoamericano	287-6400
Hola (YWCA)	234-7589

Updated 02/11/2009