

First Congregational UCC

TIDINGS

A weekly newsletter for our church family and friends
November 13, 2024



No matter who you are or where you are on Life's journey, you are welcome here!

This Sunday:

November 17, 2024

10:30 am

Brandyn will present the message:

Wisdom Serves

Using the texts:

Matthew 7:24-25
2 Peter 1:3-8

To watch last Sunday's service you can

[<< Click Here >>](#)

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Wednesday, Nov. 13:

5:30pm - Bells Practice
(No Dinner, Bible Study,
or Choir Practice)

7:00pm - NAMI Presentation

Saturday, November 16:

6:30pm & 8:45pm
Candlelight Concerts

Tuesday, November 19:

7:30am - Men's Breakfast
at Village Inn, W'loo

SEND A CARING CARD

Take a minute to send a card to someone you have been missing at church. Send a little joy to someone who can't get out and join us. Cards and materials available in the library after church service. Have a cookie and write a note.

SUNDAY SCHOOL LEADERS NEEDED

Wouldn't you love to spend a Sunday morning with our youth? We have an exciting new curriculum that makes it an easy and fun job! Please contact Gina Greene if you'd like some information.

NAMI PRESENTATION

A NAMI presentation about "Sleep and Mental Health" is on **Wednesday, November 13, from 7pm to 8pm** at FCUCC. The speaker is Psychiatric Nurse Practitioner Amber Lacina, who is the Medical Director of the North Iowa Regional Services and the Adult Crisis Stabilization Center.

PANTRY DELIVERY - NOVEMBER 22

Give thanks- for all we have! Share your bounty with others by remembering your food for the food pantry.

Bring things that are easy to make and eat such as cereals, instant potatoes, pancake mix, granola bars, canned veggies and fruits, rice, crackers, and canned meats.

DECORATING THE SANCTUARY

Mark your calendar and plan to stay after the service **November 24** to trim the tree and decorate the sanctuary. Music, a light lunch, and fellowship will be provided.

SAVE THE DATE

December 10, 2024 - International Human Rights Day celebration with our Waterloo Human Rights Commission. More details to come soon.

SERVE AS WORSHIP LEADER?

We still have several Sundays to fill the worship leader spot. The worship leader helps set the atmosphere for the congregation to worship. As the worship leader you will also see the worship service in a new way. If you've been a worship leader, thought about being a worship leader, or wish you could be the worship leader use this link to sign up - (<https://bit.ly/FirstWorshipLeader>).

STEWARDSHIP SEASON

Stewardship Sunday was last Sunday. Thank you to those who have turned in your pledge card already. You can still bring your pledge card next Sunday and put it in the box in the library or you can bring or mail it to Michelle in the office. We are working on the budget for 2025 and your support is so important! Thank you for being a part of the FCUCC family!



CANDLELIGHT CONCERTS

The next date is this **Saturday, November 16** -

The 6:30pm concert features *"A Tribute to Taylor Swift."*

The 8:45pm concert will feature *"Vivaldi's Four Seasons and More."* You can click [HERE](#) for more information or to purchase tickets.

Tickets will not be available at the door.



The Metropolitan Chorale presents "Love and Memory" dedicated to those living with memory loss, their loved ones and caretakers this **Sunday, November 17 at 3:00pm** at the Diamond Event Center (5307 Caraway Lane, CF). A free will offering will be collected with proceeds to be shared with the Alzheimer's Association. Enjoy songs of Love and Memory with "Alzheimer's Stories" Cantata with orchestra as the finale. The UNI Children's choir will also perform.

WOMEN OF FAITH OF THE CEDAR VALLEY TUESDAY, NOVEMBER 19 PRESENTS BUDDHISM AND PEACE



Buddhism is the world's fourth largest spiritual/philosophical tradition. It is rooted in the value of non-harming and its goal is liberation from suffering. At our November meeting, Dr. Kunihiro Terasawa, Associate Professor of Religion at Wartburg College, will speak to us about Buddhism.

He was raised in Japan, following Buddhism and Confucianism, but wanted to better understand Christianity as it related to Western culture. He became interested in the differences between Buddhism, which often focuses on inner spirituality, and Christianity, which has affected social issues and ethics in communities. But Buddhism is not limited to inner spirituality, as Dr. Terasawa will show as he tells us about the peace activities of his brother, who is a Buddhist monk in Ukraine.

We will meet in person for the last time before winter sets in.

Tuesday, November 19 at 6:30 at

St. Luke's Episcopal Church

2410 Melrose Drive, Cedar Falls

Handicapped parking available behind the church

As always, you're welcome to bring some goodies and a friend to share our companionship.